



# 7-8 JULY 2017

## COMPOUND COACHING SEMINAR & WORKSHOP

### Who?

For Archery Coaches and Instructors with an interest in learning more about Compound bow from one of the top experts in the World.

### What?

3 sessions with John Dudley where he will share his knowledge and experiences on:

1) Mental and Physical Training. 2) Effective shooting form - accuracy & consistency 3) Efficient bow Tuning

**Cost? CHF 70 per session / Total 3 sessions: CHF 180**

\*Accommodation and meals not included. Water and soft drinks included.

**Expert:**  
**JOHN DUDLEY (USA)**



**GET ADVICE FROM THE  
WORLD'S LEADING  
COMPOUND BOW  
EXPERT!**

**REGISTRATION:**

<https://tinyurl.com/ybe7m4od>

[info@worldarcherycentre.org](mailto:info@worldarcherycentre.org)

**7 July (Fri), 17h30 - 19h30**

**Session 1**

**- Mental Training**

**- Physical preparation**

**8 July (Sat), 09h00 – 12h30**

**Session 2**

**- Shooting Form**

**8 July (Sat), 14h00 – 17h30**

**Session 3**

**- Bow Tuning**

**WORLD ARCHERY  
EXCELLENCE CENTRE**

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